



## Ski Boot Sizing Chart

Men's				
FOOT SIZE			SIZING RECOMMENDATION	
US MEN'S SIZES	EURO MEN'S SIZES	UK SIZES	MONDO POINT SIZES STANDARD FIT	MONDO POINT SIZES PERFORMANCE FIT
4.5	36	3.5	22.5	21.5
5	37	4	23	22
5.5	38	4.5	23.5	22.5
6	39	5	24	23
6.5	39	5.5	24.5	23.5
7	40	6	25	24
7.5	40-41	6.5	25.5	24.5
8	41	7	26	25
8.5	41-42	7.5	26.5	25.5
9	42	8	27	26
9.5	42-43	8.5	27.5	26.5
10	43	9	28	27
10.5	43-44	9.5	28.5	27.5
11	44	10	29	28
11.5	44-45	10.5	29.5	28.5
12	45	11	30	29
12.5	46	11.5	30.5	29.5
13	46-47	12	31	30
13.5	47	12.5	31.5	30.5
14	48	13	32	31
14.5	48-49	13.5	32.5	31.5
15	49	14	-	32
15.5	50	14.5	-	32.5

Women's				
FOOT SIZE			SIZING RECOMMENDATION	
US WOMEN'S SIZES	EURO WOMEN'S SIZES	UK SIZES	MONDO POINT SIZES STANDARD FIT	MONDO POINT SIZES PERFORMANCE FIT
4.5	35	2.5	21.5	-
5	35-36	3	22	-
5.5	36	3.5	22.5	21.5
6	36-37	4	23	22
6.5	37	4.5	23.5	22.5
7	37-38	5	24	23
7.5	38	5.5	24.5	23.5
8	38-39	6	25	24
8.5	39	6.5	25.5	24.5
9	39-40	7	26	25
9.5	40	7.5	26.5	25.5
10	40-41	8	27	26
10.5	41	8.5	27.5	26.5

Junior			
FOOT SIZE			SIZING RECOMMENDATION
CHILD SIZES (US)	YOUTH SIZES (US)	UK SIZES	MONDO POINT SIZES
8		7	14
8.5		8	14.5
9		8.5	15
9.5		9	15.5
10		9.5	16
10.5		10	16.5
11		10.5	17
11.5		11	17.5
12		11.5	18
12.5		12	18.5
13	1	12.5	19
13.5	1.5	13	19.5
	2	1	20
	2.5	1.5	20.5
	3	2	21
	3.5	2.5	21.5
	4	3	22
	4.5	3.5	22.5
	5	4	23
	5.5	4.5	23.5
	6	5	24
	6.5	5.5	24.5
	7	6	25
	7.5	6.5	25.5
	8	7	26
	8.5	7.5	26.5
	9	8	27
	9.5	8.5	27.5
	10	9	28

Finding a properly fitting ski boot involves multiple factors, including foot length, foot shape, skill level, and personal preference. These charts offer a general sizing recommendation, but for the best fit, visit a local ski shop or boot fitter. [Click HERE](#) to locate a store near you.

Ski boot sizes are measured using the Mondopoint system, a universal sizing method developed for the ski industry. Mondopoint is based on the length of the foot in centimeters, measured from the heel to the big toe. However, length alone doesn't capture all aspects of fit—width and overall foot volume are also important. To address this, our charts provide two Mondopoint sizing options: Performance Fit and Standard Fit.

Since shoe sizes vary across brands, it's best to measure the actual length of your foot in centimeters. Stand on a piece of paper with your heel against a wall, mark the farthest point of your toes, and measure the length in centimeters. Ensure your foot is fully weighted while measuring for accuracy. This measurement corresponds to your Mondopoint size.

**PERFORMANCE FIT:** Recommended for intermediate to advanced skiers who ski regularly at higher speeds and in various conditions.

**STANDARD FIT:** Recommended for beginner to intermediate skiers who ski less frequently and at lower speeds.

# How To Choose The Right Ski Boot

In addition to the size, we have to evaluate two other factors for choosing the correct ski boot: **last** and **flex**.

## Last

The last is a millimeter measurement of the foot's widest point. Feet come in different lengths and widths, so we design boots to fit a variety of shapes and sizes. We categorize boots by volume and width, ranging from narrow to extra wide.



**Narrow:** last width 98mm - 99mm

For skiers with narrow foot's sole or for those who prefer a more enveloping fit

**Medium:** last width 100mm

For skiers with medium foot's sole or for those who prefer a precise fit

**Wide:** last width 102mm

For skiers with a wide foot's sole or for those who prefer a comfortable fit

**Extra-Wide:** last width 104mm

For skiers with an extra-wide foot

## Flex Guide

Having the right flex for your skier type and body weight is important when controlling your skis and initiating a turn. By using a variety of plastics, we can create models with different rigidity in flex to meet the needs of every skier. The lower the flex number, the softer the boot. The higher the flex number, the stiffer the boot.



Men

- **Stiff:** Flexes 120 - 140 are recommended for expert-level or heavy intermediate skiers
- **Medium:** Flexes 90 - 110 are recommended for intermediate and midweight skiers
- **Soft:** Flexes 70 - 80 are recommended for beginners or lightweight skiers



Women

- **Stiff:** Flexes 105 - 115 are recommended for expert level or heavy intermediate skiers
- **Medium:** Flexes 85 - 95 are recommended for intermediate and midweight skiers
- **Soft:** Flexes 65 - 75 are recommended for beginners or lightweight skiers



Junior

- **Stiff:** Flex 90 is recommended for young expert and lightweight skiers
- **Medium:** Flexes 60 - 70 are recommended for young intermediate skiers
- **Soft:** Flexes 25 - 50 are recommended for young and first-time skiers

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